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Putting Unity back into Community

### **Next Meeting:**

2nd June - 1pm to 3pm The Shed 735 Mary Valley Road Long Flat

Please leave dogs at home.

#### **What's Inside**

Hugh's Health Support Korrinne's Gardening Tips Local Food Sources Next Meeting Topics

# "We as the people" welcomes you

For those who are new, we give you a warm welcome from like-minded living men and women.

## From the Editor

As I had to await some of the information, this newsletter is a tad later than normal. Please accept my apologies.

For those new to our newsletter, please add our email address to your contact list which will help to keep it out of the spam folder.

# **Hugh's Health Support**

## The Most Astonishing Missing Vaccine Fact

We are reminded that vaccination has revolutionised public health, removed the scourge of infectious disease, saved billions of lives and is at the forefront of modern medicine. We are told that vaccines are safe and effective and the best way to support our immune systems. Everyone who can be vaccinated must be vaccinated to achieve herd immunity and keep us all safe.

There's only one problem - the vaccine hesitant population. Those "anti-vaxxers". So as a central health problem it's most important to know as much as possible about these people.

Read more

# **Korrinne's Gardening Tips**

#### 12 Most Contaminated Fruits and Vegetables

We know that organic, home grown produce is much better tasting but growing your own is also safer when grown without pesticides.

This information is from EWG (Environmental Working Group USA) so use your own judgement as to its accuracy also, Australian standards could vary but the bottom line is that most of us know that these commercially grown foods are laden with non organic substances which are not conducive to a healthy body. I do believe most of Australian farmers try to do the right thing however, governments and governing bodies put restrictions and demands on farmers, not to mention the ridiculous criteria from supermarkets which become inhibiting for the little profit farmers can make which leads to short cuts and practices that are not ideal. To be fair, commercial farming couldn't produce enough food organically and cost effectively for the masses and there is a large percentage of populations around the world that are happy to buy the lower cost, chemically laden produce however, growing your own is not only healthier and the taste is exceptional in comparison but also extremely cost effective once your beds are set up.

Read More

## **Local Food Sources**

We are very keen to add more local farmers and producers to our food source list.

# If you have contact with a farmer, please email us at <a href="mailto:news@myplacegympie.org">news@myplacegympie.org</a>

Thank you

# **Next Meeting Topics**

Sunday 2nd June

#### **Presentations**

Korrinne

Speaking about the sheriffs training she is doing.

## **Group Discussions**

Update on the outcome of the GRC decision on the recommendation to not support the South Burnett Mayor's call for a moratorium on solar and wind factories in the Wide Bay Burnett Districts.

#### **New Business**

Update from Aunty Bucky on Nmdaka Dalai Australis.

View / download the full printable meeting agenda from our website here

Minutes of previous meetings available on our website here

## **Harvest Table**

Our HARVEST tables are alive and well.

Read more about this resource on our website.

For those on Facebook we encourage you to join our "My Place Gympie" group at:

My Place Gympie Members Trades and Services We now have the directory on our website (members

https://www.facebook.com/groups/913221063032255

only) at: <a href="https://www.myplacegympie">https://www.myplacegympie</a>
.org/directories/trades-

services

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Facebook is restricting our page.
Please check it out and sign up to access our
growing library of research and stories.
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