

Putting Unity back into Community

Next Meeting:

30th June - 1pm to 3pm
The Shed
735 Mary Valley Road
Long Flat

Please leave dogs at home.

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"We as the people" welcome you

For those who are new, we give you a warm welcome from like-minded living men and women.

From the Editor

I usually deliver a website report to each meeting verbally. You will now find that report on our website itself. The report includes anonymous newsletter and website visitor stats, plus a little bit of commentary.

You will find them all here. The latest one will be at the top of the list. You can always find them by using the "Reports" menu link at the bottom of any page on the website.

Actions and Connections

A People's Bank is on the cards!

The answer to the bastardry and anti people attitude of our big banks is a publicly owned people's bank run through the Australia Post outlets around the country. We are getting closer to having a people's bank thanks to various voices that are coming around to supporting the peoples bank through Australia Post.

Hugh's Health Support

The Healing Space Within Us

"we have to give ourselves room to heal"

Imagine spending a few weeks in a health retreat. These wonderful sanctuaries achieve impressive results with serious health problems. Yet the healthy meals, massage, saunas and naturopathic remedies are usually accessible from where we live. Why is the health retreat so special?

Any retreat is healing and rejuvenating, from live-in workshops to ashram life. Or a holiday by the ocean. Except that by the time we start to relax the holiday is just about over..

The essential element here is to relax and rebalance the nervous system. To step away from a frenetic state of being into a calm, relaxing space.

This nervous system state is measurable, so let us look at what it is and what we can do about it.

Read more

Korrinne's Gardening Tips

Fruit Tree Guilds

Growing lawn (grass) and allowing weeds around the base of trees is extremely detrimental to trees, especially fruit trees. Grass is very hungry and will absorb all nutrients and water before it can reach the tree's feeder roots. Plus it is a wasted space where more edibles and beneficial plants can be used instead.

A guild is a group of plants that work together to create a healthy ecosystem and biodiversity, which works symbiotically in conjunction with permaculture principles, and reduces the need for human intervention, herbicides and pesticides, etc. Nature will take care of the tree by attracting beneficial insects that will prey on harmful pests, feed the tree

with rich nutrients and act as a living mulch to keep roots cool and soil moist plus many more benefits. They can be small and extend to the drip line or you can enlarge and eventually have them meeting up to form a complete food forest.

Read more

Local Food Sources

A beautiful store out at Pie Creek supported by Julie-Ann and local farmers

You will find this stall EVERY Saturday. Such a great way to support local farmers.

More info on our website here

We are very keen to add more local farmers and producers to our food source list.

If you have contact with a farmer, please email us at

news@myplacegympie.org

Thank you

Next Meeting Topics

Sunday 30th June

Presentations

 David Nixon and Coronis - will be updating what they have been working on with their research.

Group Discussions

- Update on the actions being taken to stop the wind farms in the area.
- Prioritise which actions we see as our main community impact.

View / download the full printable meeting agenda from our website here

Minutes of previous meetings available on our website here

Harvest Table

Our HARVEST tables are alive and well.

Read more about this resource on our website.

For those on Facebook we encourage you to join our "My Place Gympie" group at: https://www.facebook.com/groups/913221063032255

My Place Gympie Members
Trades and Services
We now have the directory on
our website (members only) at:
https://www.myplacegympie.org/directories/trades-services

We encourage you to utilise our <u>website</u> as Facebook is restricting our page.

Please check it out and sign up to access our growing library of research and stories.

This website is for the people by the people, so all feedback and queries are welcomed. Please <a href="mailto:emailto

https://www.myplacegympie.org/

Gympie Council Watch

We as the people

- The Community have been Visiting the Gympie Regional Council meetings for over twelve months now.
- The meetings are held monthly so make sure you mark the next one in your calendar.
- Our presence is powerful. They see us and we see them.
- · Craig provides an update of the Council meeting for each meeting.

You can <u>access this via our website</u> (public access); there is a specific page allocated to the Council Meeting Reports in the Publications area.

Gympie Peoples Council

The Gympie Peoples council is monumental across Australia we have joined the movement to take back control for the people. If you would like to receive emails from The Gympie Peoples Council and would like to become a member please send an email with your details to the below email address - you will be sent communication with the latest news, the agenda and the minutes of the previous meeting. We hope to see more and more like minded come to the meetings. thepeoplescouncilgympie@gmail.com

Wishing you all peace, freedom, good health, and prosperity.







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