

MY PLACE *Gympie*

My Place Gympie

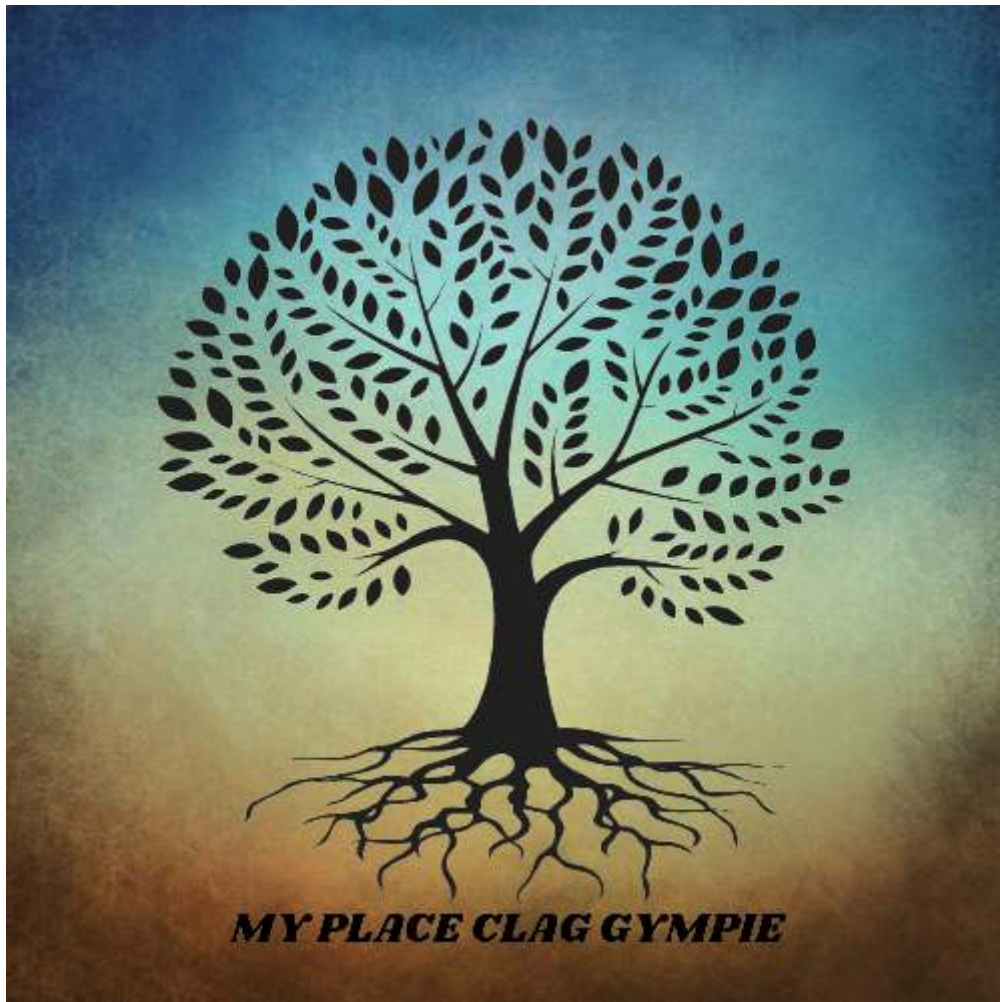
*Our next meeting is November the 12th
meeting starts @ 1pm - 3pm*

Location: The Shed, 735 Mary Valley Road, Long Flat

Please Travel slowly (5km limit) as you come and go from the property and please watch
out for our chickens - they may be under your car

*Please leave your dogs at home as we have two dogs on the property and at
the meeting who roam freely*

Thank you



Hello community,

- Welcome all to My Place Gympie
- For those who are new we give you a warm welcome from like minded men and women.
- For those on Facebook you can join our "My Place Gympie" group
- <https://www.facebook.com/groups/913221063032255/?ref=share&mibextid=S66gvF>
- The news regarding our very own **website** keeps getting better and better. Please go and check out the website and sign up. If you have any feedback we welcome that thank you. <https://www.myplacegympie.org/>
- We are here to **support** each other in anyway we can.
 - **Support** in education in regards to our rights as mankind God's Children, natural law, common law.
 - **Support** with sourcing food and ways that we can support our local farmers and starve out the big corporations, supermarkets.
 - **Support** in getting food without all the nasties.

- **Support** with energy
- **Support** with medical care
- **Support** with removing ourselves from the corporate

- **WE NEED YOUR HELP** - We rely on each other to gather this information and support it. We all have something to offer which is greatly appreciated, and we all have a responsibility if we want things to change

- **Meeting Set Up** - Those who can come earlier to help set up that would be really appreciated. Set up time from 12.15 pm. The more we have to help out the quicker it gets done. Please don't forget that we also need to pack up. Thank you

- **Market update** - Thank you to all the amazing volunteers for your contribution to the markets. Please note that we attend the duck pond markets only. **This is every 1st, 3rd and 5th Sunday of the month.**
 - As a community we endeavour to support each other and our community so in light of that we are calling out to all our members to please give some time toward supporting the markets.
 - We set up at 6.00am and will run till around 11-11.30.
 - **The next Markets at the Duck Ponds is Sunday the 19th of November**
 - Any time you are able to give will be greatly appreciated.
 - ***Sorry for the delay on the roster but I will be doing up a roster and calling out for members to volunteer their time so please see Beck to put your name down on the roster. Thank you***

- **We as the people ~ The Gympie Regional Council Watch.** The Community have been Visiting the Gympie Regional Council meetings each week which has been going well. We have had some great response and an amazing turnout.
 - **The meetings** are held monthly so make sure you mark the next one in your calendar which is on **November the 22nd starting at 9 am.**
 - Meet you out the front of Chambers by 8.45 am . We attend peacefully and orderly. Remember our presence is powerful they see us and we see them.

- Craig's updates of the Council meeting attended on the 25th of October are posted on the website, Facebook and in the newsletter.

- **For those not on Facebook I have included a button titled Gympie Regional Council Meeting - 25th October 2023 - Update - Please see at the end of the newsletter**
- **The Peoples Council** and **My Place Australia** is a movement across Australia, for the people by the people. Our goal is the same. **Without change nothing will change.** We are all in this together and being joined with this movement across Australia only makes us more powerful as the people for the people and being supported nationwide with proven and tested methods will get us there. Why reinvent wheel?
- Dick Yardley has kindly provided the documents from his presentation from the meeting. Please see the tabs below and click on each document. Thank you Craig for passing them on, and thank you Dick for your kind generosity
- Don't forget for those who would like to see the presentation of Rachael from the meeting I have attached her power point presentation at the end of the newsletter. Please be respectful that this presentation is the work of Rachel and if you would like to pass it on please ask her permission via our email.
Thank you

Thank you everyone I appreciate your time in reading the newsletter my heart and love has gone into the newsletter for us all and I hope you enjoy it

Thank you to everyone that makes the meetings possible and helps with the smooth running of it. Thank you to those who have put forth suggestions for speakers and have actually got in contact with them

Thank you Craig for getting the minutes and agenda to me

Thank you Teenah for doing the minutes and thank you to everyone who contributes to the building of our community

Thank you to Graham who is kindly providing a tech point in every newsletter

Thank you to Korrinne who is kindly providing a Garden tip for each newsletter

Thank you Hugh to providing a health tip for each newsletter

*I encourage everyone to send me photo's and a little comment to include in our segment 'Out and about in the community' that I can include in the newsletter.
Please send to claggathering@gmail.com*

Thank you and see you at the meeting

Cheers

Beck

Out and About with our Community

A beautiful store out at Pie Creek supported by Julie-Ann and local farmers

Make sure you check it out every Saturday



**If you have any photos of what you are doing out and about in the community
please send them to claggathering@gmail.com**

It could be what your doing in your garden or community projects happening in our
local areas that you have been to and would like to share

Thank you

**My Place Gympie
Food Source**

Organic Produce



We have the privilege of ordering some beautiful produce from Brendan a local organic farmer in Goomboorian at wholesale prices and we have been placing orders fortnightly to coincide with the meeting on the Sunday

**I'd like to thank Jenece for taking over the veggie order
So please direct all your orders to Jenece from now on
Thank you Jenece**

All orders taken fortnightly and close on Thursday at 5 pm

Reminders will be posted on Facebook or Telegram

**The next order will be placed the 23rd of November then fortnightly
after that until available**

As the season changes availability of produce changes

What was available

Sweet potato \$3.50/kg
Lebanese Cucumber \$6/kg
Zucchini \$6/kg
Green Beans \$10/kg
Cos lettuce \$3 each
Snow pea \$20/kg

Ginger \$15/kg
Cherry tomato \$3.50/punnet
Beetroot bunch \$3
Red cabbage \$3
Green cabbage \$3
Cleopatra bath milk \$4.50

I can testify that this is amazingly fresh produce that last the 2 weeks

**Brendan is a winter producer and will not have produce available
over summer.**

**So please let us know of any producers that will have a summer crop
Thank you**

Signature Sourdough



Organic Sourdough and Spelt Bread

***Due to James personal circumstances the bread order has
been put on hold until further notice***

Thank you

We are endeavouring to add more local farmers and producers to our food source list.

If you would like to recommend a farmer, a producer of goodies please email us

Thank you

Grahams Tech talk

Hi again folks,

We have come across an issue when you try to register or login to our website using the Safari browser app on iPhone or iPad. This happens if you have strengthened the privacy settings in Safari. The symptom is that Safari cannot connect because the page is having too many redirects.

In this column, I'll cover two things: how to allow cookies in Safari so you can login; and what is a more privacy friendly way to allow the login but also protect you elsewhere on the Internet.

So firstly, for those that just want a quick resolution, on your iPhone/iPad go to Settings / Safari / Privacy & Security / 'Block All Cookies' and set that to off. This will allow "all" cookies from all website you visit, so is not that great for privacy and tracking, but will get you over the obstruction to logging into (many) websites.

So the issue I do not like about this solution is that Safari cookie blocking is "all" or "nothing", there is no exceptions allowed.

So what would be better, you may ask. Well you can install Brave browser on your iPhone/iPad without too much hassle. In Brave browser, you can block all cookies (and JavaScripts) as a general rule and then turn off the blocking for each site you trust that does not work properly.

To install Brave on your device, on the device (in Safari) go to <https://brave.com/ios/> which will redirect you to the App Store (but still in Safari) and the Brave browser app will be on screen. You will see a "Get" button near the top. You will need to be signed into the apple store to get the app.

Once installed you can go to: <https://support.brave.com/hc/en-us/sections/360011458231-iOS> to see common questions and answers including how to set the privacy options within the Brave browser.

To find out how to allow the cookies and scripts on a particular website, have a look at the "Shields" help page here: <https://support.brave.com/hc/en-us/categories>

That's all for this edition.
Hooroo, Graham

Hugh's Health Support

Supporting the Immune System.

An associate was once in a hiking group and chatting with a funeral celebrant who told him she was busiest in September. My friend is an expert in Vitamin D and realised this is the time of year that Vitamin D levels (and immunity) would be lowest.

To support immunity think A, C, D and Zinc.

Vitamin C as Ascorbic Acid or Sodium Ascorbate is a frontline master immune supporter. It has antioxidant protection for all immune cells, is antimicrobial and supports the integrity of all tissue. It needs twice daily dosing in adequate amounts to work at its full power, when unwell increase the frequency of dosing. Use a baseline of about 5 grams (5.000mg) daily. Best purchased as a bulk powder.

Vitamin D supports immune cell function. The best source is sunlight, healthy animal fats have useful amounts, oil based capsules and supplements are readily available.

Vitamin A regulates the immune response and has antioxidant properties. The best source is probably Cod Liver Oil.

Zinc is a "macro" mineral, we need enough of it. Functional doses are from 25 to 50 mg. It's a building block for a wide range of enzymes supporting hundreds of processes. Readily available, inexpensive and worth taking long-term.

**See you next newsletter,
Hugh Wallace naturopath**

Korrinne's Gardening Tips

PLANTING IN CLAY

Many of us in this area have clay soil but it shouldn't deter anyone from planting food or a floral garden. Clay is full of minerals and beneficial nutrients and just needs to be

amended before planting with compost, manures or any organic material to help break it up. Contrary to what has been said in the past, sand is NOT a good idea for breaking up clay.

The key is to make sure there is good drainage but the best and easiest thing to do is use raised beds however, if you are planting into the ground after amending, test that the water drains out of the hole before planting. If the water pools then the clay may be hydrophobic and is best not to plant into until the ground has been amended successfully which may take some time.

Some plants that are happy in clay are:

- * Deep rooting (or have long tap roots) which helps to break up soil - daikon radish (leave some to rot in soil), globe artichoke - leave the roots in the ground after harvesting and chop and drop the foliage, comfrey, hairy vetch;

- * Yarrow

- * Ground cover crops that will break down quickly and add lots of nutrients and organic matter- buckwheat and clover;

- * Roses but they do need lots of organic matter for drainage.

- * Other vegetables which tolerate clay are:

lettuce, kale, onions, leeks, chard, spinach, beans, cauliflower and corn.

- * pumpkins and members of the squash family do need amended soil.

- * broccoli, cabbage and Brussels sprouts like the stability of the firmer soil.

If you need further information, please don't hesitate to ask me

Thank you
Happy gardening





Lets talk Weeds

Couch Grass

Couch Grass is classed as an invasive weed and of course like all labelled weeds Couch Grass has health benefits

The healing properties of the couch grass have been prized for a long time. The couch grass rhizome is used in the treatment of diseases of the liver and pancreas. It counteracts fatty liver and bile production disorders. It has a beneficial effect on the course of treatment of diabetes and rheumatism. It can be used as a source of fructose for diabetics.

Couch grass lowers cholesterol and blood sugar level. It stimulates the endocrine glands. Couch grass has anti-atherosclerotic, antipyretic, diaphoretic, anti-inflammatory, coating, detoxifying, expectorant, anticlerotic and bactericidal and fungistatic effects. It relieves the symptoms of persistent cough and tuberculosis.

The couch grass rhizome has diuretic properties. It stimulates filtration in the glomeruli and increases the amount of urine excreted. Couch grass is used in the presence of urate, inflammation of the urinary tract (inflammation of the bladder, urethra, in a sensitive bladder, inflammation and benign prostatic hyperplasia), nephrolithiasis and cases of impaired renal secretion of the kidneys with edema. It cleanses the blood and facilitates the excretion of toxic metabolic products, mainly urea, from the body.

The couch grass rhizome is used for slimming, because it swells in the gastrointestinal tract, improves bowel motility.

Couch grass has a positive effect on the condition of hair, skin and nails. For moisturizing complexion, preparations enriched with biologically active substances from specific couch grass are dedicated. Cosmetic masks are prepared from it, which have a beneficial effect on oily skin, regenerating and firming it. It is used to relieve skin changes in the course of youth acne, boils, abscesses and ulcers. Among other properties of couch grass, the prevention of excessive brittleness and vascular permeability is mentioned. Couch grass may also remove the adverse impact of long-term antibiotic therapy on the digestive tract.

This is the grass that domestic dogs and cats seek out as medicine, with animals instinctively knowing which plants and grasses are naturally beneficial to them. It is also known as "Dog Grass" for this very reason.

See link to read more - Folklore and history interesting reading
<https://www.indigo-herbs.co.uk/natural-health-guide/benefits/couch-grass>

Thank you

And enjoy this wonderful Grass of Nature for our use

Beck

Main Source: <https://www.biokoma.com/blogs/blog/healing-properties-of-the-couch-grass>



What's Happening at My Place

Up Coming Presenters

Sunday the 12th of November

Janet Smith - Notice of Liability

Paul Smith - How to lawfully pay your bills using your UCC trust

Sunday the 26th of November

Dr Peter Johnson

Content to be announced

**If you have anyone in mind that would be interested in presenting at our
meeting please contact them and let us know**

Thank you

Common Law Education

Craig has a wealth of information that he is happy to share with others helping us move forward. Don't miss out on the meeting on Sunday. Craig is also helping the community understand the Affidavit process and had the first zoom meeting on Wednesday night. If your interested to join please see Craig.

We as the People

Please think about something you would like to present to the community in regards to

- Self-sufficient
- Gardening tips
- Going off grid
- Growing food medicine etc
- preserving
- IT
- The list is endless

We want to encourage our community to come forth with their knowledge and skills to share with the community

Thank you

Affidavit

- **Following on from Alex's presentation with the Affidavit. Craig has be holding regular Zoom meetings to help everyone navigate the affidavit. Thank you so much Craig.**
- **If you would like to join the zoom please email us with your request and a link will be sent out prior to the Wednesday.**
- **If you missed Alex's presentation at the shed you can check out his Youtube Channel (see below) or the video that was posted on My Place Gympie, just so your up to speed on the information.**
- You can go to Alex's Youtube Channel https://youtu.be/_d8dg4QQK3A to learn more. The titles of the video is "Who killed Mary Jane part 1"
- Also if you are unable to make the Wednesday night zoom please follow this link <https://youtu.be/ObP43y3gvpU> to Alex explaining the process.
- Craig's zoom meetings are posted on telegram click on the tab further

below to a link to join the telegram group. Thank you

Latest Details

Next Meeting Details

Date: November the 12th 2023

Time: 1 pm - 3 pm

Vacate: 4 pm

Where: The Shed, 735 Mary Valley Road, Long Flat

Bring a chair. Clothing to suit the weather. Come earlier, to grab a cuppa and chat with friends. We welcome all new members. We meet every second Sunday.

Tea and coffee facilities are available from start to finish at all of our events.

Please wash and dry your cup after use and place back. Thank you

Bring a plate to share if you'd like. Help yourself at ANY time. The focus is on, less rules and allowing more of an organic process to to unfold.

My Place Gympie Agenda

My place Gympie

The Gympie People's Council

thepeoplescouncilgympie@gmail.com

Date: 12/11/2023

Time: 1:00 pm

Facilitator: Craig

Purpose: To provide the Constitutionally correct System of Local Government and a better Community for

We the People of Gympie area

Invitees: 22nd meeting

1.00 pm - Craig

- **Welcome to all**
- Please ensure you have signed into the sign-in book with your **name and provide an email address (for new members)** so that we can send information out as we have it. This is so we can help educate ourselves, our families / friends, and neighbours about building a better community.
- **Welcome to the Kabi Kabi people**

1.05 pm - Craig, Regine

- Setting our intention for today and everyday
- What we want of our meetings

1.10 pm - John

- Treasurers Report

1.15 pm - All

- Outline of meeting and agenda

1.20 pm - Craig

- Confirmation of previous minutes – Included with Newsletter
- Correspondence Nil

Presentations

1.25 pm Janet Smith

- Notice of Liability

2.00 pm Paul Smith

- How to lawfully pay your bills using your UCC trust

2.30 pm - New Business

- Update on progress items.
- Scenario Setting – we prepared our action plan – where to?
- The Path To Treaty Bill 2023 – Sign the Petition online

2.40 pm - Craig

- **Gympie Regional Council** – Meeting Wednesday, **November 22** - Ordinary 9am (venue TBA)
- **Barter table** – thank you to those that have donated to the barter table and remember we have produce for sale at the back of the shed
- **Webpage** – myplacegympie.org – update

2.50 pm - Craig

- Announcements / queries / concerns / Discussions
- **Presenter 26th November - Dr Peter Johnson - content TBA**

3.00 pm - All

- **Meeting closed** – Please assist with the packing up, and vacate by 4 pm.
Thank you

[Meeting Minutes Available here](#)

Harvest Table

Our HARVEST tables are alive and well.

Thank you to everyone for contributing to the Harvest table its magnificent to see.

Items your welcome to bring are seeds, potted plants, plant cuttings, flowers, fruit and vegetables, homemade goods, dried goods, empty pots and much more you can even bring your secondhand goods to give away.

The harvest table is there for our community and provided by our community with nothing expected in return.

Please remember that what you bring if not taken needs to be collected by you and taken home with you.

Please so not leave goods in the shed.

If you wish to ask for a donation to your homemade or grown goodies then please bring your own table and a separate donation tub.

Your welcome to sell your goodies but please bring your own table and money jar and man your table

Gympie Peoples Council

The Gympie Peoples council is monumental across Australia we have joined the movement to take back control for the people.

If you would like to receive emails from The Gympie Peoples Council and would like to become a member please send an email with your details to the below email address - you will be sent communication with the latest news, the agenda and the minutes of the previous meeting.

We hope to see more and more like minded come to the meetings.

thepeoplescouncilgympie@gmail.com

- **The peoples Council** ~ If you would like to make yourself familiar with what has been happening with the peoples council in other areas I encourage you to watch the links below if you haven't already done so as "we as the people" Gympie are moving forward with.
- Triple TAP Interviews #23 Spiro Kalothos: <https://youtu.be/I5htDa8zn14>
- Latest interview with Mayor of Frankston Peoples council: <https://youtu.be/KBrnhZ39WU8>
- LAW & Legislation - Understanding the basics: <https://youtu.be/EREbEdJVgv8>

An Emergency Contact List

Is now available for members (to get the list- you must put yourself on the list). This tells you who's in your area when or if an emergency takes place, so you can connect and resource each

Know Your Medical Rights

Click above on "Know Your Medical Rights" it will take you to the PDF document "Know your rights before being admitted to hospital. (Opens as a PDF)

See below Dick Yardley's

other. For privacy reasons the list isn't public and only people who are known to the community will be added on the list. To go on the list and have it sent to you please email

claggathering@gmail.com

**My Place Gympie Telegram
Group (New)**

**My Place Gympie Members
Trades and Services
Download - Updated list
coming**

By clicking the above button, you'll download the most recent Members Trade and Services list.

Please email

CLAGgathering@gmail.com if you'd like to make any alterations to your listing or add/remove one.

**documents click on the tabs
to view**

Queensland Treason

**Take over by definition
Change**

Total Treason Queensland

Treason

Treason 1973

**Treason of within Queen of
Australia**

**Rachael Murdock's Vaccine
Mandate power point
presentation**

**Gympie Regional Council
Meeting - 25th October 2023 -
Update**

[view this email in your browser](#)

Copyright © 2023 C.L.A.G Gathering, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

