

# MY PLACE Gympie

## My Place Gympie

**Last Meeting of 2023**

*December the 10th  
meeting starts @ 1pm - 2.30pm*

***Lets make it a big one***

***Lets Celebrate our accomplishments of 2023***

***Join us for an end of year Celebration after the meeting at  
2.30pm***

***BYO drinks***

***Food to share or not***

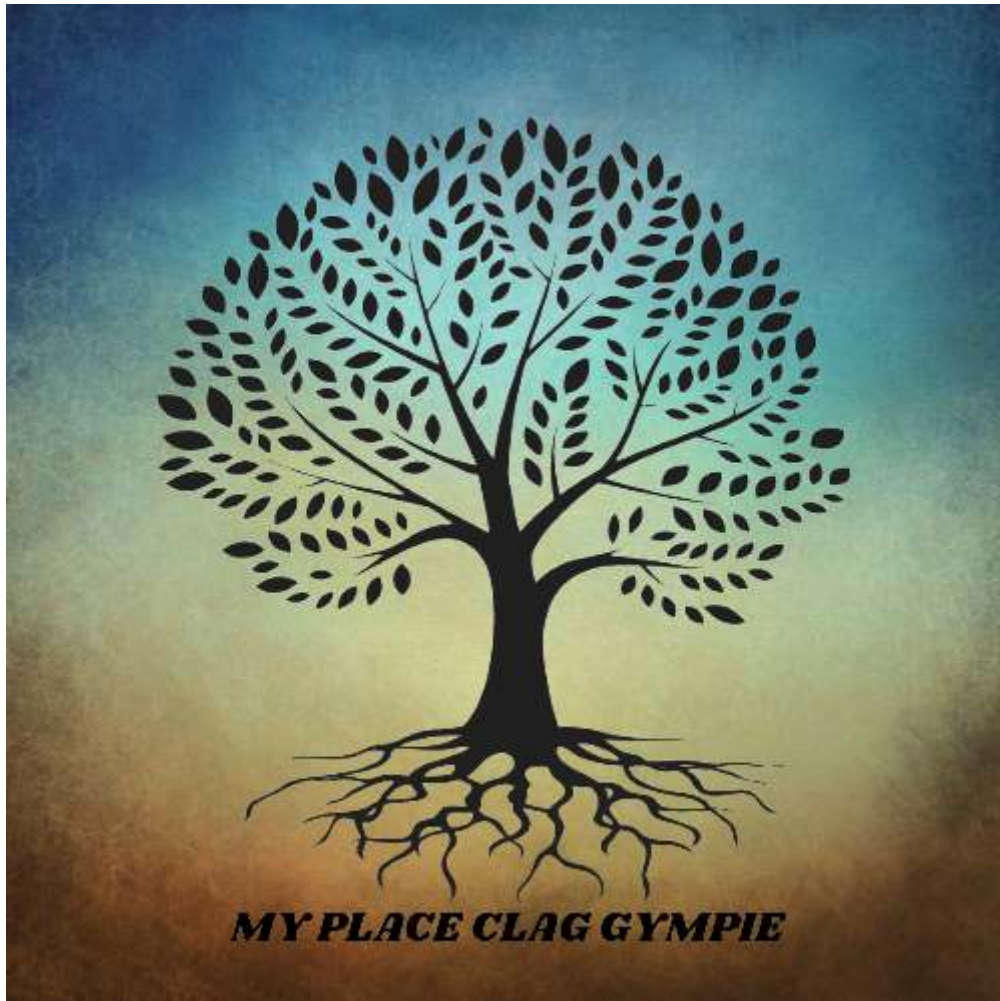
***Enjoy good company***

***Location: The Shed, 735 Mary Valley Road, Long Flat***

Please Travel slowly (5km limit) as you come and go from the property and please watch out for our chickens - they may be under your car

***Please leave your dogs at home as we have two dogs on the property and at the meeting who roam freely***

Thank you



Hello community,

- Welcome all to My Place Gympie
- For those who are new we give you a warm welcome from like minded men and women.
- For those on Facebook you can join our "My Place Gympie" group
- <https://www.facebook.com/groups/913221063032255/?ref=share&mibextid=S66gvF>
- The news regarding our very own **website** keeps getting better and better.

Please go and check out the website and sign up. If you have any feedback we welcome that and thank you. <https://www.myplacegympie.org/>

- We are here to **support** each other in anyway we can.
  - **Support** in education in regards to our rights as mankind God's Children, natural law, common law.
  - **Support** with sourcing food and ways that we can support our local farmers and starve out the big corporations, supermarkets.
  - **Support** in getting food without all the nasties.
  - **Support** with energy
  - **Support** with medical care
  - **Support** with removing ourselves from the corporate
- **WE NEED YOUR HELP** - We rely on each other to gather this information and support it. We all have something to offer which is greatly appreciated, and we all have a responsibility if we want things to change
- **Meeting Set Up** - Those who can come earlier to help set up that would be really appreciated. Set up time from 12.15 pm. The more we have to help out the quicker it gets done. Please don't forget that we also need to pack up. Thank you
- **Market update** - Thank you to all the amazing volunteers for your contribution to the markets. Please note that we attend the duck pond markets only. **This is every 1st, 3rd and 5th Sunday of the month.**
  - As a community we endeavour to support each other and our community so in light of that we are calling out to all our members to please give some time toward supporting the markets.
  - We set up at 6.00am and will run till around 11-11.30.
  - **The next Markets at the Duck Ponds is Sunday the 17th of December 2023**
  - Any time you are able to give will be greatly appreciated.
  - ***If you are able to help please come see one of the committee members at the meeting or email. We are calling out for members to volunteer their time.***
  - ***We have a dedicated team of around 7 and it would be nice to add to that team and spread the help out so some of us can have the time off. Thank you***

- **We as the people ~ The Gympie Regional Council Watch.** The Community have been Visiting the Gympie Regional Council meetings each week which has been going well. We have had some great response and an amazing turnout.
    - **The meetings** are held monthly so make sure you mark the next one in your calendar which is on **December the 13th starting at 9 am.**
    - **This is the last meeting of the year.**
    - Meet you out the front of Chambers by 8.45 am . We attend peacefully and orderly. Remember our presence is powerful they see us and we see them.
  - Craig's updates of the Council meeting attended on the 22nd of November will be posted on the website.,
  - **The Peoples Council** and **My Place Australia** is a movement across Australia, for the people by the people. Our goal is the same. **Without change nothing will change.** We are all in this together and being joined with this movement across Australia only makes us more powerful as the people for the people and being supported nationwide with proven and tested methods will get us there. Why reinvent wheel?
  - Dick Yardley has kindly provided the documents from his presentation from the meeting. Please see the tabs below and click on each document. Thank you Craig for passing them on, and thank you Dick for your kind generosity
  - Don't forget for those who would like to see the presentation of Rachael from the meeting I have attached her power point presentation at the end of the newsletter. Please be respectful that this presentation is the work of Rachel and if you would like to pass it on please ask her permission via our email.
- Thank you

*Thank you everyone I appreciate your time in reading the newsletter my heart and love has gone into the newsletter for us all and I hope you enjoy it*

**I am taking a 6 month break and the lovely Teenah will be doing the newsletter from now on. Thank you to everyone who has supported the newsletter and takes the time to read it I have enjoyed doing the newsletter and hearing the positive feedback of it. Thank you Teenah much appreciated**

Thank you to everyone that makes the meetings possible and helps with the smooth running of it. Thank you to those who have put forth suggestions for speakers and have actually got in contact with them

*Thank you Craig for getting the minutes and agenda to me*

*Thank you Teenah for doing the minutes and thank you to everyone who contributes to the building of our community*

*Thank you to Graham who is kindly providing a tech point in every newsletter*

*Thank you to Korrinne who is kindly providing a Garden tip for each newsletter*

*Thank you Hugh to providing a health tip for each newsletter*

*I encourage everyone to send me photo's and a little comment to include in our segment 'Out and about in the community' that I can include in the newsletter. Please send to [claggathering@gmail.com](mailto:claggathering@gmail.com)*

*Thank you and see you at the meeting*

*Cheers*

*Beck*

## Out and About with our Community

A beautiful store out at Pie Creek supported by Julie-Ann and local farmers

Make sure you check it out every Saturday





**If you have any photos of what you are doing out and about in the community  
please send them to [claggathering@gmail.com](mailto:claggathering@gmail.com)**

It could be what your doing in your garden or community projects happening in our  
local areas that you have been to and would like to share

Thank you

## **My Place Gympie Food Source**

### **Organic Produce**



We have the privilege of ordering some beautiful produce from Brendan a local organic farmer in Goomboorian at wholesale prices and we have been placing orders fortnightly to coincide with the meeting on the Sunday

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**Please direct all your inquiries and orders to Jenece**  
**Thank you Jenece**  
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**All orders taken fortnightly and close on Wednesday at 6 pm**

Pick up on Friday Afternoon around 5.30 pm or at the meeting on the Sunday

**Reminders will be posted on Facebook**

As the season changes availability of produce changes

**Brendan is a winter producer and will not have produce available over summer.**

**As you will notice produce is reducing**

**So please let us know of any producers that will have a summer crop**

**Thank you**

We are endeavouring to add more local farmers and producers to our food source list.

If you would like to recommend a farmer, a producer of goodies please email us

Thank you

## **Hugh's Health Support**

### **Detoxifying Heavy Metals**

Health problems generally originate from specific nutrient deficiencies as well as possible toxicities, which may be parasitic, chemical or metallic. Metallic poisons means toxic minerals or 'heavy metals', although light metals such as Aluminium are included.

We usually suspect metal toxicity due to known exposure or because illness symptoms match those of a toxic metal. We are all at risk.

The body tries to keep us safe by sequestering toxic metals away into body compartments such as fat cells, organs or bone. Mercury and aluminium go to fatty tissue in the brain, fluoride to bone, and so on. Accurate assessment of toxic metal levels by blood or urine is only possible in recent acute toxicity. Long-term chronic poisoning is difficult to assess by any method, although a good case history is often the best tool.

A common approach to detoxification is to use a chelating agent, that is, a substance which combines chemically with the toxic metal to create a compound the body can transport and eliminate.

This is a first line medical therapy for acute metal poisoning using agents such as EDTA or DMSA, however the danger is that many useful minerals are removed which may create such chronic depletion that it can take years to recover. This is true for chelation therapy with simpler, gentler agents as well, although they are needed to some degree.

A beneficial approach is to nourish with useful minerals which compete with and displace the toxic metals. Iodine antagonises Fluorine and Bromine, Zinc for Cadmium, Selenium for Mercury and Lead, and so on.

This procedure must be in parallel with support for the organs of elimination especially the liver, nutrients (such as glutathione) to support safe transport to the liver, nutrients to support both phases of liver detoxification, a healthy bile flow, and binding agents (such as zeolite, activated charcoal, modified citrus pectin) to capture the toxins in the gut so they are not reabsorbed before elimination.

I like to assess the situation properly with Hair Tissue Mineral Analysis. I avoid frequency scanning systems and specifically use Interclinical Laboratories, an Australian agent for the Trace Elements laboratory in the USA, the assessment is of a hair sample by advanced chromatography and the report is exceptionally informative. The therapy is then nourishing and restorative. It integrates a rebalancing of the autonomic nervous system which is key to telling the body it's safe to heal.

**See you next newsletter,  
Hugh Wallace naturopath**

## **Korrinne's Gardening Tips**

### **GROWING MELONS IN A SMALL SPACE**

The area I chose for my melons was grassed and would have been a lot of hard work to prepare the ground to avoid weeds and grass from choking out the melons plus, melons are prone to disease and don't like their leaves/vines getting constantly wet with hosing, so I decided to grow them up on a trellis. Another consideration was I didn't want it to cost a fortune buying large pots, etc so I used what I had to hand. I am creating a self sufficient food garden quickly and the costs mount up if you don't become innovative.

Firstly, I cut 6 x packing boxes (left over from my move) in half height wise and folded the flaps back on the inside walls to strength and leaving the bottom open. This gave me 12 containers with one melon in each and a total ground



space of just over two square metres used for twelve melon plants (6 each watermelon and canteloupe). Now that is great use of space. The trellis was made from star pickets and dog wire fencing which I got for free and I used a combination of my home made compost and potting mix, fertilised with compost tea and companion planted with bush beans from the seeds of my last crop.

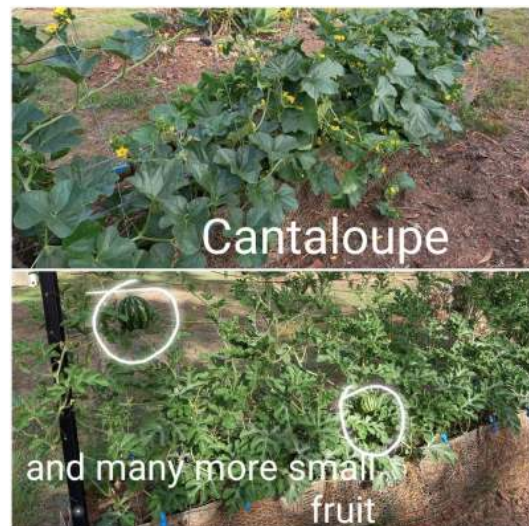
For aesthetics and sturdiness, I wrapped the boxes in chicken wire and stuffed straw in to deflect that they were cardboard boxes but the hay keeps slipping down so I now have the rustic look LOL. This week, I will plant marigolds, nasturtiums and some herbs (which I have grown from seed in pots) in the ground at the base of the boxes for pest deterrents and to look prettier and I will purchase cheap pantyhose (KMart 6 pairs \$5) to cut up and use as slings to hold the weight of the fruit against the trellis.

Next year the cardboard will have composted away and any still left will go into my regular compost pile, the wire will be removed and I will be left with a raised bed which was created with very little effort or time.

Well, I'm astounded at the growth of the watermelons. The cantaloupe are a little slower but all are extremely healthy and in not much time at all, a lot of fruit is forming and I'm looking forward to harvest time.

Gardening doesn't have to be hard or expensive if you have a little imagination.

**Thank you**  
**Happy gardening**



## **What's Happening at My Place**

# Up Coming Presenters

## Sunday the 10th of December

**Aunty Bucky and Jaz**  
Moving forward Together

**If you have anyone in mind that would be interested in presenting at our meeting please contact them and let us know**

**Thank you**

## Sunday the 7th of January

**TBA**

## Common Law Education

Craig has a wealth of information that he is happy to share with others helping us move forward. Don't miss out on the meeting on Sunday. Craig is also helping the community understand the Affidavit process and had the first zoom meeting on Wednesday night. If your interested to join please see Craig.

## We as the People

Please think about something you would like to present to the community in regards to

- Self-sufficient
- Gardening tips
- Going off grid
- Growing food medicine etc
- preserving
- IT
- The list is endless

We want to encourage our community to come forth with their knowledge and skills to share with the community

Thank you

## Affidavit

- Following on from Alex's presentation with the Affidavit. Craig has be holding regular Zoom meetings to help everyone navigate the affidavit. Thank you so much Craig.
- If you would like to join the zoom please email us with your request and a link will be sent out prior to the Wednesday.
- If you missed Alex's presentation at the shed you can check out his Youtube Channel (see below) or the video that was posted on My Place Gypie, just so your up to speed on the information.
- You can go to Alex's Youtube Channel [https://youtu.be/\\_d8dg4QQK3A](https://youtu.be/_d8dg4QQK3A) to learn more. The titles of the video is "Who killed Mary Jane part 1"
- Also if you are unable to make the Wednesday night zoom please follow this link <https://youtu.be/ObP43y3gvpU> to Alex explaining the process.
- Craig's zoom meetings are posted on telegram click on the tab further below to a link to join the telegram group. Thank you

# Latest Details

## Next Meeting Details

**Date:** December the 10th 2023

**Time:** 1 pm - 2.30 pm

**Where:** The Shed, 735 Mary Valley Road, Long Flat

Bring a chair. Clothing to suit the weather. Come earlier, to grab a cuppa and chat with friends. We welcome all new members. We meet every second Sunday.

Tea and coffee facilities are available from start to finish at all of our events.

**Please wash and dry your cup after use and place back. Thank you**

Bring a plate to share if you'd like. Help yourself at ANY time. The focus is on, less rules and allowing more of an organic process to to unfold.

## **My Place Gympie Agenda**

### **My place Gympie**

### **The Gympie People's Council**

**thepeoplescouncilgympie@gmail.com**

**Date:** 10/12/2023

**Time:** 1:00 pm

**Facilitator:** Craig

**Purpose:** To provide the Constitutionally correct System of Local Government and a better Community for

### **We the People of Gympie area**

**Invitees:** 24th meeting

**1.00 pm - Craig**

- **Welcome to all**
- Please ensure you have signed into the sign-in book with your **name and provide an email address (for new members)** so that we can send information out as we have it. This is so we can help educate ourselves, our families / friends, and neighbours about building a better community.
- **Welcome to the Kabi Kabi people**

**1.05 pm - Craig, Regine**

- Setting our intention for today and everyday
- What we want of our meetings

**1.10 pm - John**

- Treasurers Report

**1.15 pm - All**

- Outline of meeting and agenda

**1.18 pm - Craig**

- Confirmation of previous minutes – Included with Newsletter
- Correspondence Nil

#### **1.20 pm - Presentation**

- Auntie Bucky and Jaz – Moving forward Together.

#### **2.00 pm - New Business - Marcel, Craig**

- Update on progress items.
- Gympie Regional Council Fluoride Petition

#### **2.15 pm - Craig, Graham**

- **Committee Reports** - Update actions from selected projects
- **Gympie Regional Council** – Meeting Wednesday, 13<sup>th</sup> December 2023 – **No word yet on petition being tabled.**
- **Webpage** – myplacegympie.org – update

#### **2.50 pm - Craig**

- Announcements / queries / concerns / Discussions
- Presenters for 7<sup>th</sup> January 2024
- Narayana – The Community Exchange System
- **End of year Function – Hang around for our end-of-year social event**

#### **2.30 pm - All**

##### **Meeting close:**

- Thank you to everyone who has joined our community this year. Without your commitment and drive we don't make change. We can't build our own systems to step away from the ones they have planned for us.
- **We return Sunday 7<sup>th</sup> January 2024 1:00 pm – 3:00 pm**
- **Please have a safe and happy Christmas and New Year 🥰**

**Meeting Minutes Available here**

**Harvest Table**



Our HARVEST tables are alive and well.

**Thank you to everyone for contributing to the Harvest table its magnificent to see.**

Items your welcome to bring are seeds, potted plants, plant cuttings, flowers, fruit and vegetables, homemade goods, dried goods, empty pots and much more you can even bring your secondhand goods to give away.

The harvest table is there for our community and provided by our community with nothing expected in return.

***Please remember that what you bring if not taken needs to be collected by you and taken home with you.***

***Please so not leave goods in the shed.***

If you wish to ask for a donation to your homemade or grown goodies then please bring your own table and a separate donation tub.

**Your welcome to sell your goodies but please bring your own table and money jar and man your table**

## **Gympie Peoples Council**

The Gympie Peoples council is monumental across Australia we have joined the movement to take back control for the people.

If you would like to receive emails from The Gympie Peoples Council and would like to become a member please send an email with your details to the below email address - you will be sent communication with the latest news, the agenda and the minutes of the previous meeting.

We hope to see more and more like minded come to the meetings.

thepeoplescouncilgympie@gmail.com

- **The peoples Council** ~ If you would like to make yourself familiar with what has been happening with the peoples council in other areas I encourage you

to watch the links below if you haven't already done so as "we as the people" Gympie are moving forward with.

- Triple TAP Interviews #23 Spiro Kalothos: <https://youtu.be/I5htDa8zn14>
- Latest interview with Mayor of Frankston Peoples council: <https://youtu.be/KBrnhZ39WU8>
- LAW & Legislation - Understanding the basics: <https://youtu.be/EREbEdJVgv8>

## An Emergency Contact List

Is now available for members (to get the list- you must put yourself on the list). This tells you who's in your area when or if an emergency takes place, so you can connect and resource each other. For privacy reasons the list isn't public and only people who are known to the community will be added on the list. To go on the list and have it sent to you please email

[claggathering@gmail.com](mailto:claggathering@gmail.com)

### My Place Gympie Telegram Group (New)

### My Place Gympie Members Trades and Services Download - Updated list coming

By clicking the above button, you'll download the most recent Members Trade and Services list.

Please email

[CLAGgathering@gmail.com](mailto:CLAGgathering@gmail.com) if you'd like to make any alterations to your

## Know Your Medical Rights

Click above on "Know Your Medical Rights" it will take you to the PDF document "Know your rights before being admitted to hospital. (Opens as a PDF)

See below Dick Yardley's documents click on the tabs to view

### Queensland Treason

### Take over by definition Change

### Total Treason Queensland

### Treason

### Treason 1973

### Treason of within Queen of Australia

listing or add/remove one.

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