

MY PLACE

Gympie

My Place Gympie

**Come and join us
January the 21st
Our gathering starts @ 1pm
for a 3pm finish**

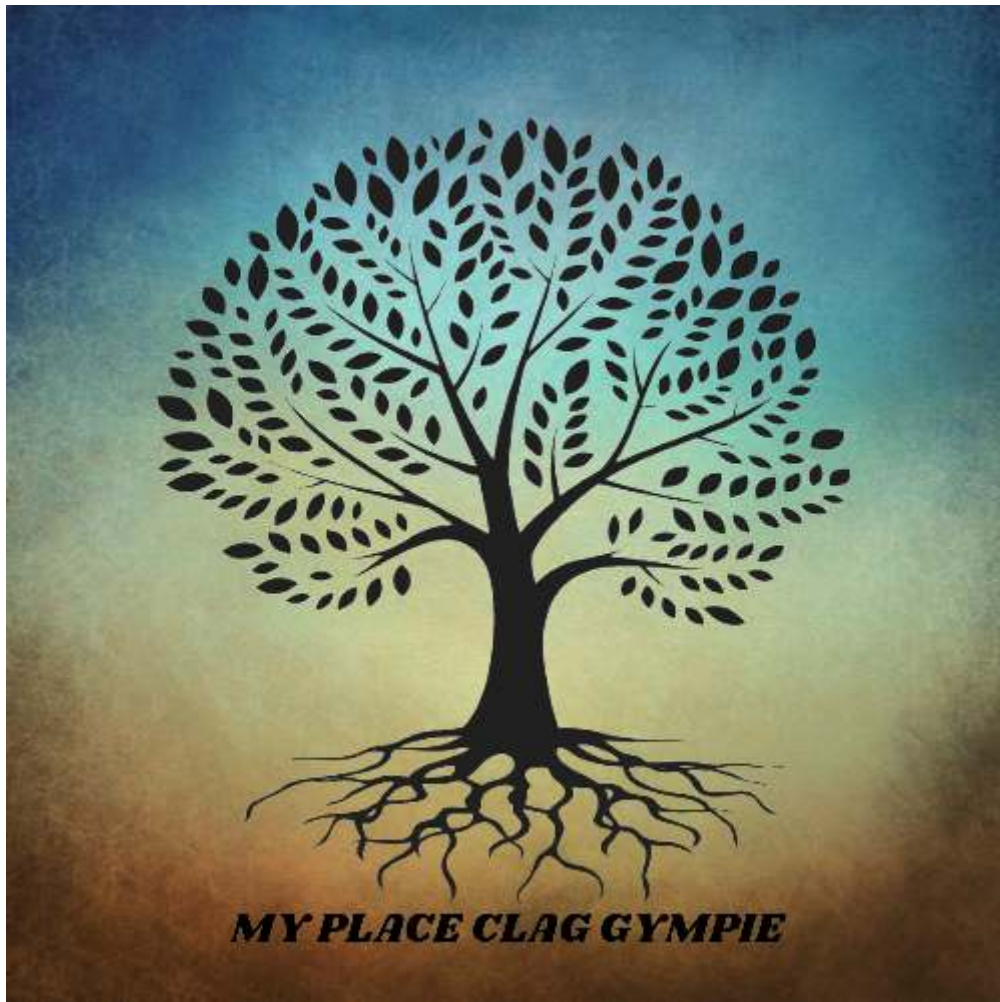
Then tea, coffee and nibbles and a chat until 4pm
WE love your plate of special treats!

Location: The Shed, 735 Mary Valley Road, Long Flat

Please Travel slowly (5km limit) as you come and go from the property.

***Please leave your dogs at home
the property is home to animals who roam freely during the meeting.***

Thank you



Hello community,

- Welcome all to My Place Gympie
- For those who are new, we give you a warm welcome from like-minded living men and women.
- For those on Facebook you can join our "My Place Gympie" group
- <https://www.facebook.com/groups/913221063032255/?ref=share&mibextid=S66gvF>
- We encourage you to visit our **website**. Please go and check it out and sign up to access our growing library of research and stories. This website is for the people by the people, so all feedback and queries are welcomed. Please email the Web Master for assistance. <https://www.myplacegympie.org/>
- Our community is here to **support** and find **solutions** with each other, together.
 - **Support** in education for our rights as mankind; Creators Children, Natural Law, Common Law.
 - **Support** with food sourcing, through support of our local farmers. With

the intention of severing the contract with the big corporations, supermarkets.

- **Support** in getting food without the unnecessary chemicals and cell compromising additives.
 - **Support** with energy sources.
 - **Support** with medical care.
 - **Support** with severing ourselves from contracts that do not serve us as living men and women.
-
- **WE NEED YOUR HELP** - We rely on each other to gather this information and celebrate our knowledge. We all have something to offer which is greatly appreciated.
 - **We want things to change:** we have been put here to be the change makers.
 - **Meeting Set Up and Pack Up-** Set up time from 12.15 pm. Your presence is appreciated.
 - **Duck Ponds Market** - WE love to take this opportunity to check-in with each other, chat, share our remembering and connect with the Common-Unity. Your connection during this time is time is valuable and very much appreciated. When you have a spare moment, please come and join us. **The markets are every 1st, 3rd and 5th Sunday of the month.**
 - We set up at 6.00am and run till around 11-11.30.
 - **Currently the Duck Ponds Markets run on the same Sunday as our Gatherings.**
 - *If you are able to help, please come see one of the committee members at the meeting or email. We are calling out for members to volunteer their time.*
 - **We as the people ~ The Gympie Regional Council Watch.** The Community have been Visiting the Gympie Regional Council meetings for twelve months now.
 - **The meetings** are held monthly so make sure you mark the next one in your calendar which is on **January the 24th meeting at the chambers 8.45 am.**
 - **This is the first meeting of the year and the last meeting before the go into Caretaker mode before the 'elections'.** We also are expecting there will be discussion tabled around the

Fluoride Petition submitted in December 2023.

- Our presence is powerful. They see us and we see them.
- Craig's provides an update of the Council meeting for each meeting. You can access this via the website, there is a specific page allocated to the Council Meeting Reports in the Download Documents area.
- **The Peoples Council** and **My Place Australia** is a movement across Australia, for the people by the people. Our goal is the same. **Without change nothing will change.** We are all in this together and being joined with this movement across Australia only makes us more powerful as the people for the people and being supported nationwide with proven and tested methods will get us there. Why reinvent wheel.

Thank you Beck! Your contribution has been significant in our first twelve months of being My Place Gympie. I know we all hope you find the time to relax and connect over the coming months as you continue your journey.

Thank you to everyone that contributes to making our Gatherings possible and facilitates the smooth running of them.

Thank you for the work you continuously do in our Common-Unity.

Thank you to those who have put forth suggestions for speakers.

Thank you Craig for the endless range of work you do to support our community

Thank you to Graham who is kindly providing a tech point in every newsletter

Thank you to Korrinne who is kindly providing a Garden tip for each newsletter

Thank you Hugh to providing a health tip for each newsletter

Please send photos and a little comment to include in our Newsletter segment 'Out and About in the community'. They are momentous as we continue to rewrite history. Please send to claggathering@gmail.com

Thank you all, see you at the Gathering

with Love, Light and connection to your Divine presence

Teenah

Out and About with our Community

A beautiful store out at Pie Creek supported by Julie-Ann and local farmers

You will find this stall EVERY Saturday.

Such a great way to support local farmers.







Fortnight challenge: **New Year - Fresh Start Celebrations!**
Please send photos of the who, what, when and where of your
coming into 2024 or maybe you're arriving. What has
invigorated you this year? Home, Family, Community?
Send them to claggathering@gmail.com
Thank you!

My Place Gympie

Food Source

Organic Produce



2024, here we come!

With gratitude we continue to order wholesome, fresh produce from Brendan.

Brendan is a local organic farmer in Goomboorian who supplies us with wholesale prices.

We place orders fortnightly to coincide with the meeting on the Sunday.

Please direct all your inquiries and orders to Jenece
Thank you Jenece

All orders taken fortnightly and close on Wednesday at 6 pm

Pick up on Friday Afternoon around 5.30 pm or at the Gathering on the Sunday

Reminders will be posted on Facebook.

*As the season changes availability of produce changes

Brendan is a winter producer and will not have produce available over summer.

As you will notice produce is reducing

We are looking for a producer who can provide for our Community in the alternating season. Please let us know of any producers that we can support during this time.

Thank you

We are very keen to add more local farmers and producers to our food source list.

If you have contact with a farmer, please email us

Thank you

Hugh's Health Support

Detoxifying Heavy Metals

Health problems generally originate from specific nutrient deficiencies as well as possible toxicities, which may be parasitic, chemical or metallic. Metallic poisons means toxic minerals or 'heavy metals', although light metals such as Aluminium are included.

We usually suspect metal toxicity due to known exposure or because illness symptoms match those of a toxic metal. We are all at risk.

The body tries to keep us safe by sequestering toxic metals away into body compartments such as fat cells, organs or bone. Mercury and aluminium go to fatty tissue in the brain, fluoride to bone, and so on. Accurate assessment of toxic metal levels by blood or urine is only possible in recent acute toxicity. Long-term chronic poisoning is difficult to assess by any method, although a good case history is often the best tool.

A common approach to detoxification is to use a chelating agent, that is, a substance which combines chemically with the toxic metal to create a compound the body can transport and eliminate.

This is a first line medical therapy for acute metal poisoning using agents such as EDTA or DMSA, however the danger is that many useful minerals are

removed which may create such chronic depletion that it can take years to recover. This is true for chelation therapy with simpler, gentler agents as well, although they are needed to some degree.

A beneficial approach is to nourish with useful minerals which compete with and displace the toxic metals. Iodine antagonises Fluorine and Bromine, Zinc for Cadmium, Selenium for Mercury and Lead, and so on.

This procedure must be in parallel with support for the organs of elimination especially the liver, nutrients (such as glutathione) to support safe transport to the liver, nutrients to support both phases of liver detoxification, a healthy bile flow, and binding agents (such as zeolite, activated charcoal, modified citrus pectin) to capture the toxins in the gut so they are not reabsorbed before elimination.

I like to assess the situation properly with Hair Tissue Mineral Analysis. I avoid frequency scanning systems and specifically use Interclinical Laboratories, an Australian agent for the Trace Elements laboratory in the USA, the assessment is of a hair sample by advanced chromatography and the report is exceptionally informative. The therapy is then nourishing and restorative. It integrates a rebalancing of the autonomic nervous system which is key to telling the body it's safe to heal.

**See you next newsletter,
Hugh Wallace naturopath**

Korrinne's Gardening Tips

GROWING MELONS IN A SMALL SPACE

The area I chose for my melons was grassed and would have been a lot of hard work to prepare the ground to avoid weeds and grass from choking out the melons plus, melons are prone to disease and don't like their leaves/vines getting constantly wet with hosing, so I decided to grow them up on a trellis. Another consideration was I didn't want it to cost a fortune buying large pots, etc so I used what I had to hand. I am creating a self sufficient food garden quickly and the costs mount up if you don't become innovative.

Firstly, I cut 6 x packing boxes (left over from my move) in half height wise and folded the flaps back on the inside walls to strength and leaving the bottom open. This gave me 12 containers with one melon in each and a total ground space of just over two square metres used for twelve melon plants (6 each watermelon and canteloupe). Now that is great use of space. The trellis was made from star pickets and dog wire fencing which I got for free and I used a

combination of my home made compost and potting mix, fertilised with compost tea and companion planted with bush beans from the seeds of my last crop.

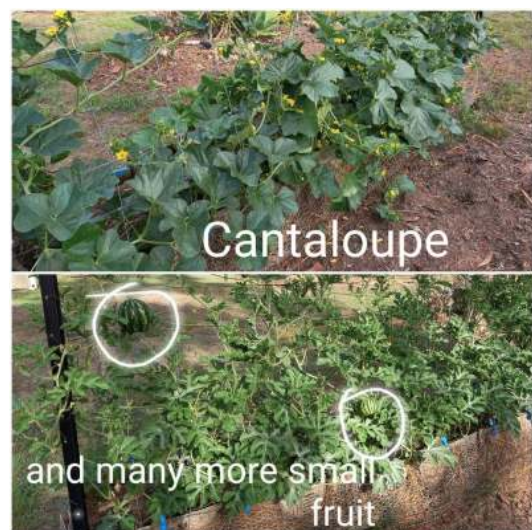
For aesthetics and sturdiness, I wrapped the boxes in chicken wire and stuffed straw in to deflect that they were cardboard boxes but the hay keeps slipping down so I now have the rustic look LOL. This week, I will plant marigolds, nasturtiums and some herbs (which I have grown from seed in pots) in the ground at the base of the boxes for pest deterrents and to look prettier and I will purchase cheap pantyhose (KMart 6 pairs \$5) to cut up and use as slings to hold the weight of the fruit against the trellis.

Next year the cardboard will have composted away and any still left will go into my regular compost pile, the wire will be removed and I will be left with a raised bed which was created with very little effort or time.

Well, I'm astounded at the growth of the watermelons. The cantaloupe are a little slower but all are extremely healthy and in not much time at all, a lot of fruit is forming and I'm looking forward to harvest time.

Gardening doesn't have to be hard or expensive if you have a little imagination.

Thank you
Happy gardening



What's Happening at My Place

Up Coming Presenters

Sunday 21 January

Introduction to Word Magic and Spells - A short presentation about the power in words. Words are more than a mere communication tool.

Ralph Koegel

Gympie Regional Council – Candidate nominations and support

Janet Smith

If you have anyone in mind that would be interested in presenting at our Gathering, please contact them and let us know

Thank you

Sunday the 4th February

TBA

Common Law Education

Craig has a wealth of information and is happy to share his remeberings with others.

Don't miss out on this Sunday's Gathering.

We as the People

Please think about something you would like to share with the community in regards to

- Self-sufficient
- Gardening tips
- Going off grid
- Growing food medicine etc
- preserving
- IT
- The list is endless

You are encouraged, as a valued member of our community to come forth with

your knowledge and skills to share

Thank you

Affidavit

Latest Information

Next Meeting Details

Date: 21 January 2024

Time: 1 pm -3 pm

Where: The Shed, 735 Mary Valley Road, Long Flat

Bring a chair. Clothing to suit the weather. Come earlier, to grab a cuppa and chat with friends. We welcome all new members. We meet every second Sunday.

Tea and coffee facilities are available from start to finish at all of our events.

Please wash and dry your cup after use and place back. Thank you

Bring a plate to share. Help yourself at ANY time.

My Place Gympie Agenda

My place Gympie

The Gympie People's Council

thepeoplescouncilgympie@gmail.com

Agenda

Date: 21/1/2024

Time: 1:00 pm

Facilitator: Craig

Purpose: To provide the Constitutionally correct System of Local Government and a better Community for We the People of Gympie area.

Invitees: 26th meeting

Time	Item	Owner
1:00 pm	<ul style="list-style-type: none">• Welcome to all• Please ensure you have signed into the sign-in book with your name and provide an email address (for new members) so that we can send information out as we have it. This is so we can help educate ourselves, our families / friends, and neighbours about building a better community.• Welcome to the Kabi Kabi mob	Craig
1:05 pm	Setting our intention for today and everyday What we want of our meetings	Craig
1:10 pm	Treasurers Report –	John
1:15 pm	<ul style="list-style-type: none">• Outline of meeting and agenda	All
1:18 pm	<ul style="list-style-type: none">• Confirmation of previous minutes – Included with Newsletter• Correspondence Nil	Craig
1:20 pm	<ul style="list-style-type: none">• <u>Presentations</u>• Introduction to Word Magic and Spells - A short presentation about the power in words. Words are more than a mere communication tool.	Ralph Koegel
2:00 pm	<ul style="list-style-type: none">• Gympie Regional Council – Candidate nominations and support	Janet Smith
2:30 pm	New Business <ul style="list-style-type: none">• <u>Update on progress items.</u>• Gympie Regional Council Meeting - 24th January 2024 meet at 8:45am outside the chambers. This is the last meeting before the council goes into caretaker mode on 29th January 2024. No word yet on petition tabled for the January meeting. We need your attendance to show them we are here to stay!!	Craig
2:40 pm	Committee Reports - Update actions from selected projects <ul style="list-style-type: none">• Webpage – myplacegympie.org – update	Craig Graham
2:55 pm	Announcements / queries / concerns / Discussions – Presenters for 4th February 2024	All Craig

Time	Item	Owner
	<ul style="list-style-type: none"> • TBA 	
3:00 pm	Meeting close: – Thank you to everyone who attended today. Without your commitment and drive we don't make change. We can't build our own systems to step away from the ones they have planned for us.	All

Meeting Minutes Available here

Harvest Table

Our HARVEST tables are alive and well.

Thank you to everyone for contributing to the Harvest table its magnificent to see.

Items your welcome to bring are seeds, potted plants, plant cuttings, flowers, fruit and vegetables, homemade goods, dried goods, empty pots and much more you can even bring your secondhand goods to give away.

The harvest table is there for our community and provided by our community with nothing expected in return.

Please remember that what you bring if not taken needs to be collected by you and taken home with you.

Please so not leave goods in the shed.

If you wish to ask for a donation to your homemade or grown goodies then please bring your own table and a separate donation tub.

Your welcome to sell your goodies but please bring your own table and money jar and man your table

Gympie Peoples Council

The Gympie Peoples council is monumental across Australia we have joined the movement to take back control for the people.

If you would like to receive emails from The Gympie Peoples Council and would like to become a member please send an email with your details to the below email address - you will be sent communication with the latest news, the agenda and the minutes of the previous meeting.

We hope to see more and more like minded come to the meetings.

thepeoplescouncilgympie@gmail.com

- **The peoples Council** ~ If you would like to make yourself familiar with what has been happening with the peoples council in other areas I encourage you to watch the links below if you haven't already done so as "we as the people" Gympie are moving forward with.
- Triple TAP Interviews #23 Spiro Kalothos: <https://youtu.be/I5htDa8zn14>
- Latest interview with Mayor of Frankston Peoples council: <https://youtu.be/KBrnhZ39WU8>
- LAW & Legislation - Understanding the basics: <https://youtu.be/EREbEdJVgv8>

An Emergency Contact List

Know Your Medical Rights

Click above on "Know Your Medical Rights" it will take you to the PDF document "Know your rights before being admitted to hospital. (Opens as a PDF)

See below Dick Yardley's documents click on the tabs to view

Queensland Treason

Is now available for members (to get the list- you must put yourself on the list). This tells you who's in your area when or if an emergency takes place, so you can connect and resource each other. For privacy reasons the list isn't public and only people who are known to the community will be added on the list. To go on the list and have it sent to you please email

claggathering@gmail.com

**My Place Gympie Telegram
Group (New)**

**My Place Gympie Members
Trades and Services
Download - Updated list
coming**

By clicking the above button, you'll download the most recent Members Trade and Services list.
Please email
CLAGgathering@gmail.com if you'd like to make any alterations to your listing or add/remove one.

**Take over by definition
Change**

Total Treason Queensland

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Australia**

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