

MY PLACE *Gympie*

My Place Gympie

**Come and join us
February the 18th
Our gathering starts @ 1pm
for a later 3:30 pm finish.**

CHECK OUT THE LIST OF PRESENTERS BELOW!!

**Then tea, coffee and nibbles and a chat until 4pm
WE love your plate of special treats!**

Location: The Shed, 735 Mary Valley Road, Long Flat

Please Travel slowly (5km limit) as you come and go from the property.

*Please leave your dogs at home
the property is home to animals who roam freely during the meeting.*

Thank you.



Hello community,

Welcome all to My Place Gympie

- For those who are new, we give you a warm welcome from like-minded living men and women.
- For those on Facebook you can join our "My Place Gympie" group
- <https://www.facebook.com/groups/913221063032255/?ref=share&mibextid=S66gvF>
- We encourage you to visit our **website as Facebook is restricting our page**. Please go and check it out and sign up to access our growing library of research and stories. This website is for the people by the people, so all feedback and queries are welcomed. Please email the Web Master for

assistance. <https://www.myplacegympie.org/>

- Our community is here to **support** and find **solutions** with each other, together.
 - **Support** in education for our rights as mankind; Creators Children, Natural Law, Common Law.
 - **Support** with food sourcing, through support of our local farmers. With the intention of severing the contract with the big corporations, supermarkets.
 - **Support** in getting food without the unnecessary chemicals and cell compromising additives.
 - **Support** with energy sources.
 - **Support** with medical care.
 - **Support** with severing ourselves from contracts that do not serve us as living men and women.
- **WE NEED YOUR HELP** - We rely on each other to gather this information and celebrate our knowledge. We all have something to offer which is greatly appreciated.
- **We want things to change:** we have been put here to be the change makers.
- **Meeting Set Up and Pack Up-** Set up time from 12.15 pm. Your presence is appreciated.
- **Duck Ponds Market** - WE love to take this opportunity to check-in with each other, chat, share our remembering and connect with the Common-Unity. Your connection during this time is time is valuable and very much appreciated. When you have a spare moment, please come and join us. **The markets are every 1st, 3rd and 5th Sunday of the month.**
 - We set up at 6.30am and run till around 11-11.30.
 - **Currently the Duck Ponds Markets run on the same Sunday as our Gatherings.**
 - *If you are able to help, please come see one of the committee members at the meeting or email. **We are calling out for members to volunteer their time.***
- **We as the people ~ The Gympie Regional Council Watch.** The Community have been Visiting the Gympie Regional Council meetings for over twelve months now.

- **The meetings** are held monthly so make sure you mark the **next one** in your calendar which is on **February the 21st meeting at the chambers 8.45 am.**
- Council is currently in 'caretaker mode'. Nominations close on 13th February. There will be no decisions made, during this month's council meeting. Our presence is needed to confirm our interest, awareness and to hold candidates to account. We will more than likely see an influx of new candidates wanting to undertake a quick learning curve. This gives us an opportunity to raise awareness of the role of a councillor.
- Our presence is powerful. They see us and we see them.
- Craig's provides an update of the Council meeting for each meeting. You can access this via the website, there is a specific page allocated to the Council Meeting Reports in the Download Documents area.
- **The Peoples Council** and **My Place Australia** is a movement across Australia, for the people by the people. Our goal is the same. **Without change nothing will change.** We are all in this together and being joined with this movement across Australia only makes us more powerful as the people for the people and being supported nationwide with proven and tested methods will get us there. Why reinvent wheel.

Thank you to everyone that contributes to making our Gatherings possible and those who facilitate the smooth running of them.

Thank you for the work you continuously do in our Common-Unity. You know who you are:)

Thank you to those who have put forth suggestions for speakers.

Thank you, Craig, for the endless range of work you do to support our community!!

Thank you to Graham who is kindly providing a tech point in every newsletter.

Thank you to Korinne who is kindly providing a Garden tip for each newsletter.

Thank you, Hugh to providing a health tip for each newsletter.

Please send photos and a little comment to include in our Newsletter segment 'Out and About in the community'. They are momentous as we continue to rewrite history. Please send to claggathering@gmail.com

Thank you all, see you at the Gathering

with Love, Light and connection to your Divine presence

Teenah

Out and About with our Community

A beautiful store out at Pie Creek supported by Julie-Ann and local farmers
You will find this stall EVERY Saturday. (Sorry all, but tomorrow's farm stall 17 Feb has been cancelled due to unforeseen circumstances.
See you all next week!)
Such a great way to support local farmers.





Points to View

Community is important to Julie-Ann Payne. She has spent numerous years attending local events, making delicious give away treats, dressing up, writing and reciting poetry, and most importantly talking to people – and she definitely has the 'gift of the gab'!

She sees herself as a seed planter, both physically and metaphorically.

While giving away small plants and baskets of herbs from her rural garden, she offers people a different way of looking, a novel and considered way to view our English language and believes we have all been under a spell.

"There are many points to view", says Julie-Ann. She says, "Points to view" because it's lighter, rather than "points of view".

She gives an example of a scene of a car accident. "If 10 people saw the accident happen, there would be 10 points to view it from, depending on where you were standing". She goes on to say, "And if someone is standing behind you and you can't see them, it doesn't mean they are not there, or they are wrong with their point to view. They would simply be looking at the view differently to you".

Around 2007 Julie-Ann had a big shift in her life and it opened her mind to all possibilities, a shift not unlike our present circumstances. She learnt kinesiology (the study of movement of energy throughout the body) and was influenced by motivational speakers when she was a sales rep for Enjo and became their number 1 salesperson. She would also chat to lots of people when she owned a takeaway shop in Mellor Street.

It was around this time she started to write poetry and look at the Hebrew meaning of our English words. It was through this fascination that she started to pull words apart and undo the "SPELL". She says, "English has been formed as a language as a 'spell', a mixture of Greek, German, French with roots in Latin." "I began studying the Hebrew meaning of words because it gives another 'point to view' and Hebrew is written from right to left, rather than left to right".

For example, the word "AMEN" meaning 'so be it' at the end of a prayer written backwards could be "NEMA" – 'ne' in French from Latin meaning 'born' and 'ma' meaning mother.

When Julie-Ann was a little girl she would lie in bed with her Grandma and she would tell her stories. Her Grandma taught her how to resight the alphabet backwards, planting the seeds for the many ways to view things. Her Grandma gave her her large family heirloom 1958 edition of the Webster's Dictionary and this has become her source. She says, "My dictionary is my spell book and I cast the spell".

Julie-Ann knows she stirs the pot when she talks to people. She is the Jester! "Don't take things so seriously, keep it light. Enlighten! Be joyful and don't be in (Dis ease)", are her messages. Jump out of the box, get out of the circle and the square!

She loves to see the "light bulb" go on when people see things differently, it switches on their neurons and creates new pathways of thought. "If you always do what you've have always done, you'll always get what you've always got".

When Julie-Ann is writing poetry, she believes she writes what she calls 'Remembering'. "If you pull the word 'remembering' apart in Hebrew, 'Mem' means water and all words containing mem are associated with water i.e. 'memory'. 'Re' means 'again', 'mem' means 'water', 'b' means 'house' (or our body) and 'er' means 'watchful'. So, we (the house) are reflecting through water about our past (again)", she says. "How often have your best ideas come when taking a 'shower'?"

Images: Julie-Ann's logo looks like an ancient Celtic symbol, but it is actually the alphabet written backwards from Z to T;

Julie-Ann as the Jester;

Julie-Ann's "spell" book;

It starts in a garden, planting seeds, nurturing and watching them grow.

Lucy Alexander Sable

It Starts in a Garden

Love
Mother
A seed is planted
From which it grows
The process of growing
Feeding, watering
The climb of life, with its twist and turns
Deaths and New Growth, of old and new
Bending with the winds of change
Watching wondering gives hope
A purpose that is
With Nature
At each stage of growth
Blooming
Into full potential at the right moment
In Time.

From Julie-Ann's book: "Rose 2 Take U"



Fortnight challenge: Keeping your garden alive!

Please send photos of the who, what, when and where of your coming into 2024 or maybe you're arriving. What has invigorated you this year? Home, Family, Community?

Send them to claggathering@gmail.com

Thank you!

My Place Gympie

Food Source

Organic Produce



2024, here we are!

With gratitude we continue to order wholesome, fresh produce from Brendan.

Brendan is a local organic farmer in Goomboorian who supplies us with wholesale prices.

We place orders fortnightly to coincide with the meeting on the Sunday.

Brendan is a winter producer and will not have produce available over summer.

As you will notice produce is reducing

We are looking for a producer who can provide for our Community in the alternating season. Please let us know of any producers that we can support during this time.

Please direct all your inquiries and orders to Jenece
Thank you Jenece !!!!

**When available, all orders taken fortnightly and close on
Wednesday at 6 pm**

Pick up on Friday Afternoon around 5.30 pm or at the Gathering on the Sunday

Reminders will be posted on Facebook when available.

*As the season changes availability of produce changes.

**REMEMBER - If you have a contact with our farming community,
send us their contact details so we can list them and have the
community support them and US!!**

Thank you.

We are very keen to add more local farmers and producers to our
food source list.

If you have contact with a farmer, please email us

Thank you

Hugh's Health Support

Don't Use Folic Acid

Folate (vitamin B9) is a vital nutrient needed to run the folate cycle which facilitates the important function of "methylation". This supports DNA turnover, vital to prevent foetal neural tube defects. It also manages homocysteine, high levels of which are implicated in cardiovascular risks, neuropsychiatric illness and bone health.

However folic acid is the synthetic form of folate. About a quarter of the population may not convert it to the functional form, and for the rest of the population its metabolism is not so well regulated, which could cause excessive levels as well as Vitamin B12 imbalances.

The functional (natural) form of folate is levomefolic acid, or methyltetrahydrofolate.

This is now commonly available in supplements, especially the naturopathic practitioner brands.

Another natural form is folinic acid, which is actually the pre-form and will be converted to levomefolic acid on demand only. This is the ideal form because the body will convert as needed, facilitating optimal levels.

It's most important to support folate supplementation with B12. Here it's wise to avoid Cyanocobalamin which again, is a synthetic, poorly converted form. Look for the active (natural/functional) forms of methylcobalamin, hydroxocobalamin or adenosylcobalamin.

Nowadays it's easy to get it right. Simply choose a multi B Vitamin product without

folic acid or cyanocobalamin. Look for the folate and B12 as one of fancy names mentioned above. You don't even have to learn what they are - if you can't read the complicated name it's the good one! Every one of the newer multi B's with active folate and B12 I've seen is an excellent formula. If you want to get technical look for a formula with Folinic Acid, this form won't cause excess levels, whereas the others must be used moderately at recommended dosages.

Avoid folic acid enriched foods if possible.

A side note: The MTHFR (methylation) defect can be assessed by a blood test and remediated with a good multi B as described above. My opinion is that this defect is largely due to compromised liver function rather than a genetic defect. There are many good ways to support liver health such as wise choices of dietary fats (preferably animal), good bile flow, low 'glycemic load' meals, and liver herbs.

Until next time, keep safe and be well.

Hugh Wallace Naturopath

For this and my other articles go to <https://supportthehealth.substack.com/p/dont-use-folic-acid>

Korrinne's Gardening Tips

SLATERS

These little garden creatures are quite unique in that they are actually isopods and part of the crustacean family who have gills even though they live on land but can easily drown if submerged in water. They do need adequate moisture to survive or their gills dry out and they suffocate.

Generally, they are nocturnal and like to hide under rocks, rotting wood/logs and damp, dark places during the day. They feast on decaying plant matter the same as earth worms but live on the soil surface and therefore, assist in promoting the development of top soil. It is also believed that they reduce heavy metal ions in the soil so, ultimately, they can be very beneficial to our gardens because they usually don't cause many problems. However, they can nibble on new seedlings or stems if they can't find enough food so, if they cause any problems, a solution is easily at hand by placing a collar around new plants or simply removing the majority from your bed. A simple way is to place potato peel, soft moisture filled fruit such as melon, orange, etc in a toilet roll, leave on surface for a day then remove and relocate to another garden, compost heap or feed to chickens. If they are not eating your plants, just leave them be to decompose matter back into your garden or become food, themselves, for birds, frogs, lizards, etc. so they become an important part of a permaculture cycle. If their numbers are too great, you could sprinkle diatomaceous earth on the soil or spray plants with neem oil.

I have never heard of an animal/creature with such a vast array of names. Here are 15 out of the 30 names I found:

* Australia/NZ -

Slaters, roly polies and butchy boys (the name I called them growing up),

* USA -

Armadillo bugs, doodle bugs, pill bugs, roly polies, potato bugs, sow bugs.

* UK -

Billy buttons, cheesy bugs, chisel bobs, chuggie pegs, gramersows, monkey peas.

Thank you
Happy gardening



What's Happening at My Place

Up Coming Presenters

Sunday 18th February

Presentations

Ray Jamieson

- Ray Jamieson will be speaking about "Getting off the Corporate Grid" how he has set up a Private Members Association (PMA). The Conscious Village Association (CVA). Ray will introduce his workshops that have a mission to both free and unite people across the country and offer a

viable alternative in a parallel economy.

Allona Lahn

- **Gympie Regional Council Elections Candidate update**

John Wilson

- **End the belligerent occupation – ‘Australian National strike’.**

If you have anyone in mind that would be interested in presenting at our Gathering, please contact them and let us know.

Thank you.

**Sunday the 3rd of March 2024
Planning for GRC Candidates presentations - TBC**

Common Law Education

Craig has a wealth of information and is happy to share his remeberings with others.

Don't miss out on this Sunday's Gathering.

We as the People

Please think about something you would like to share with the community in regards to

- Self-sufficient
- Gardening tips
- Going off grid
- Growing food medicine etc
- preserving
- IT
- The list is endless

You are encouraged, as a valued member of our community to come forth with your knowledge and skills to share

Thank you

Affidavit

Latest Information

Next Meeting Details

Date: 3rd March 2024

Time: 1:00 pm -3:00 pm

Where: The Shed, 735 Mary Valley Road, Long Flat

Bring a chair. Clothing to suit the weather. Come earlier, to grab a cuppa and chat with friends. We welcome all new members. We meet every second Sunday.

Tea and coffee facilities are available from start to finish at all of our events.

Please wash and dry your cup after use and place back. Thank you.

Bring a plate to share. Help yourself at ANY time.

My Place Gympie Agenda

My place Gympie -The Gympie People's Council
thepeoplescouncilgympie@gmail.com
Newsletter and general correspondence
claggathering@gmail.com

Agenda

Date: 18/02/2024

Time: 1:00 pm

Facilitator: Craig

Purpose: To provide the Constitutionally correct System of Local Government and a better Community for

We the People of Gympie area.

Invitees: 28th meeting

Time	Item	Owner
1:00 pm	<ul style="list-style-type: none">• Welcome to all• Please ensure you have signed into the sign-in book with	Craig

Time	Item	Owner
	<p>your name and provide an email address (for new members) so that we can send information out as we have it. This is so we can help educate ourselves, our families / friends, and neighbours about building a better community.</p> <ul style="list-style-type: none"> • Welcome to the Kabi mob. 	
1:03 pm	Setting our intention for today and everyday. What we want of our meetings	Craig
1:05 pm	Treasurers Report – John will update on the large expenses to date.	John
1:10 pm	<ul style="list-style-type: none"> • Outline of meeting and agenda 	All
1:15 pm	<ul style="list-style-type: none"> • Confirmation of previous minutes – Included with Newsletter • Correspondence – Update on the John Wilson and Dick Yardley video. 	Craig
1:20 pm	<p style="text-align: center;"><u>Presentations</u></p> <ul style="list-style-type: none"> • Ray Jamieson will be speaking about "Getting off the Corporate Grid" how he has set up a Private Members Association (PMA). The Conscious Village Association (CVA). • Ray will introduce his workshops that have a mission to both free and unite people across the country and offer a viable alternative in a parallel economy. 	Ray Jamieson
2:20 pm 2:35 pm	<ul style="list-style-type: none"> • New Business - Presentations • Gympie Regional Council Elections Candidate update • End the belligerent occupation – ‘Australian National strike’. 	Allona Lahn John Wilson
3:20 pm	<p>Committee Reports - Update actions from selected projects</p> <ul style="list-style-type: none"> • Webpage – myplacegympie.org – update 	Graham
3:25 pm	<p>Announcements / queries / concerns / Discussions – Presenters for 3rd March 2024</p> <ul style="list-style-type: none"> • Planning for GRC candidates' presentations - TBC 	Craig
3:30 pm	<p>Meeting close: – Thank you to everyone who attended today. Without your commitment and support of our candidates we don't make change. We can't build our own systems to step away from the ones they have planned for us.</p>	All

Meeting Minutes Available here

Harvest Table

Our HARVEST tables are alive and well.

Thank you to everyone for contributing to the Harvest table its magnificent to see.

Items your welcome to bring are seeds, potted plants, plant cuttings, flowers, fruit

and vegetables, homemade goods, dried goods, empty pots and much more you can even bring your second-hand goods to give away.

The harvest table is there for our community and provided by our community with nothing expected in return.

Please remember that what you bring if not taken needs to be collected by you and taken home with you.

Please do not leave goods in the shed.

If you wish to ask for a donation to your homemade or grown goodies, then please bring your own table and a separate donation tub for the goods for sale area at the back of the meeting area.

You're welcome to sell your goodies but please bring your own table and money jar and man your table.

Gympie Peoples Council

The Gympie Peoples council is monumental across Australia we have joined the movement to take back control for the people.

If you would like to receive emails from The Gympie Peoples Council and would like to become a member please send an email with your details to the below email address - you will be sent communication with the latest news, the agenda and the minutes of the previous meeting.

We hope to see more and more like minded come to the meetings.

thepeoplescouncilgympie@gmail.com

- **The peoples Council** ~ If you would like to make yourself familiar with what has been happening with the people's council in other areas, I encourage you to watch the links below if you haven't already done so as "we as the people" Gympie are moving forward with.

Know Your Medical Rights

An Emergency Contact List

The Emergency Contact List is now available for members (to get the list- you must put yourself on the list). This tells you who's in your area when or if an emergency takes place, so you can connect and resource each other. For privacy reasons the list isn't public and only people who are known to the community will be added on the list. To go on the list and have it sent to you please email claggathering@gmail.com

My Place Gympie Telegram Group (New)

My Place Gympie Members Trades and Services Download - Updated list coming

By clicking the above button, you'll download the most recent Members Trade and Services list.

Please email

CLAGgathering@gmail.com if you'd like to make any alterations to your listing or add/remove one.

Click above on "Know Your Medical Rights" it will take you to the PDF document "Know your rights before being admitted to hospital. (Opens as a PDF)

See below Dick Yardley's documents click on the tabs to view

Queensland Treason

Take over by definition Change

Total Treason Queensland

Treason

Treason 1973

Treason of within Queen of Australia

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